

IMAGE AREA
143 x 100mm
(this includes Bleed)

JANUARY 2020

| | | | | |
|----|-----|-------------------------|----|--------|
| 1 | Wed | New Year's Day | 17 | Fri |
| 2 | Thu | Bank Holiday (Scotland) | 18 | Sat |
| 3 | Fri | | 19 | Sun |
| 4 | Sat | | 20 | Mon |
| 5 | Sun | | | Week 4 |
| 6 | Mon | Week 2 | 21 | Tue |
| 7 | Tue | | 22 | Wed |
| 8 | Wed | | 23 | Thu |
| 9 | Thu | | 24 | Fri |
| 10 | Fri | | 25 | Sat |
| 11 | Sat | | 26 | Sun |
| 12 | Sun | | 27 | Mon |
| 13 | Mon | Week 3 | | Week 5 |
| 14 | Tue | | 28 | Tue |
| 15 | Wed | | 29 | Wed |
| 16 | Thu | | 30 | Thu |
| | | | 31 | Fri |

ADVERT AREA
220 x 50mm

IMAGE AREA
157 x 100mm
(this includes Bleed)

JANUARY 2020

| wk | Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|----|-----|-----|-----|-----|-----|-----|-----|
| 1 | | | | 1 | 2 | 3 | 4 |
| 2 | 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 3 | 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 4 | 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 5 | 26 | 27 | 28 | 29 | 30 | 31 | |

DECEMBER 2019

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

FEBRUARY 2020

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|-----|-----|-----|-----|-----|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |

ADVERT AREA
220 x 50mm